

THE SCHMUCK IN MY OFFICE: HOW TO DEAL EFFECTIVELY WITH DIFFICULT PEOPLE AT WORK BY JODY FOSTER, MICHELLE JOY

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WITH DIFFICULT PEOPLE
AT WORK



JODY J. FOSTER, M.D., MBA
WITH MICHELLE JOY, M.D.

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Review

"Reading The Schmuck in My Office is like taking a top psychiatrist to work with you. You'll gain fascinating insight into the people who poison workplace culture and wreck others' peace of mind. Even better, you'll learn strategies for dealing with them productively." - Marshall Goldsmith, executive coach, business educator and New York Times bestselling author, ranked the number one leadership thinker in the world ?Thinkers50

"Dr. Foster offers business people a simple, intuitive, and occasionally hilarious typology for spotting types of difficult people at work. Which type of disruptive person is this? How did they get that way? How to handle them? This book is a refreshing contribution to the field."- Geoff Smart, Chairman & Founder of ghSMART and New York Times bestselling author of Who and Power Score.

About the Author

JODY FOSTER, MD, MBA, Clinical Professor of Psychiatry in the Perelman School of Medicine at the University of Pennsylvania, Vice Chair for Clinical Operations in the Department of Psychiatry at the University of Pennsylvania Health System and Chair of the Department of Psychiatry at Pennsylvania Hospital. She attained her MBA, with a concentration in finance, from the Wharton School.

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The Schmuck In My Office: How To Deal Effectively With Difficult People At Work By Jody Foster, Michelle Joy. It is the time to improve and refresh your skill, knowledge and experience consisted of some entertainment for you after very long time with monotone points. Working in the workplace, visiting research, learning from test as well as more tasks might be finished and you need to start brand-new things. If you really feel so exhausted, why don't you try new thing? A really simple point? Reading *The Schmuck In My Office: How To Deal Effectively With Difficult People At Work* By Jody Foster, Michelle Joy is just what we offer to you will recognize. As well as guide with the title *The Schmuck In My Office: How To Deal Effectively With Difficult People At Work* By Jody Foster, Michelle Joy is the recommendation currently.

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THE SCHMUCK IN MY OFFICE: HOW TO DEAL EFFECTIVELY WITH DIFFICULT PEOPLE AT WORK BY JODY FOSTER, MICHELLE JOY PDF

"This is a timely must-read for managers and anyone who has ever had to deal with a difficult coworker; it addresses a ubiquitous problem in a proactive, positive manner that should get the desired results." - Publishers Weekly

Everyone has a "schmuck" in their office---a difficult, disruptive person who upsets the workplace, confuses coworkers, and causes concern. It's hard to understand why schmucks act the way they do, but one thing is certain---they seem to come in all shapes and sizes. . . .

- Narcissus---the condescending attention-seeker who carelessly steps on everyone's toes
- The Flytrap---the bringer of chaos whose emotional instability causes an office maelstrom
- The Bean Counter---the orderly perfectionist who never gives up control, even when it's full-steam-ahead to disaster
- The Robot---the unreadable stone wall who just can't connect

Sound like anyone you know? These are just a few of the more prominent types of difficult people at work. In *The Schmuck in My Office*, Dr. Jody Foster explains the entire spectrum of people we may think of as schmucks, how they can decrease productivity, destroy teams, and generally make everyone else unhappy. Along with nailing down the various types, she looks at personality traits and explains how dysfunctional interactions among coworkers can lead to workplace fiascos. She helps readers understand schmucks as people, figure out how to work with them, and ultimately solve workplace problems. She also makes readers consider the most difficult thing of all: despite where your finger may be pointing, sometimes you are the "schmuck"! Let Dr. Foster teach you how to make your workplace a happier and more productive one.

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